

Subject on a page



At Springfield Academy, we have a strong desire to make our PE curriculum the best it can be for our school. We believe it is a critical part of a child's educational development. We aim to develop a broad, rich and engaging curriculum which offers a variety of activities to enhance skills in physical education.

Intent

- We aim to...

Promote positive and inclusive participation in Physical Education

Provide a curriculum which is ambitious for all, allowing all children to experience a breadth of sport.

Develop qualities of resilience through PE, with pupils understanding that performance improves with practise.

Provide the platform to ensure that children understand the link between our school values and sportsmanship.

Empower pupils to be confident, independent and resilient, sparking a lifelong passion to lead healthy and active lifestyles.

Implementation

- How do we achieve our aims?

PE elements and progression skills.

Key skills of physical education underpin the sports and physical activity undertaken in each year group.

Primary Concepts

Motor Confidence

Rules, strategies and tactics

Healthy participation

Secondary Concepts

Agility, balance and co-ordination

Fundamental Skills

Engage in competitive activities

Become physically confident to support their health and wellness

Diversity

Children will learn about a diverse range of athletes and teams from different sports through assemblies and worldwide events e.g. Olympics, Paralympics, World Cup.

Sports tournaments

We further enrich our PE curriculum by giving all children the opportunity to participate in a range of sporting competitions during their time at Springfield.

Ambition for All

At Springfield, our PE curriculum has high ambitions for all our children including those with SEND. We believe that the curriculum should not diluted unnecessarily for any child. New material is introduced in 'chunks' which are coherently sequenced and enable learners to build on prior knowledge. We understand that there may be occasions when individual children may need adaptations to be successful in their learning and these are carefully considered.

	Y1	Y2	Y3	Y4	Y5	Y6
Dance	X	X	X	X	X	X
Gymnastics	X	X	X	X	X	X
Games	X	X	X	X	X	X
Athletics	X	X	X	X	X	X
Fitness	X	X	X	X	X	X
Striking & fielding games	X	X	X	X	X	X
Swimming			X	X		

Impact

- How will we know we have achieved our aims?

Pupils will know more and remember more. Procedural knowledge allows them to develop as a sports person.

Pupils will understand the benefits of leading active, healthy lifestyle. They will feel empowered and motivated to continue this attitude beyond their time at Springfield.

Pupils will develop the values of honesty, determination, teamwork, passion, respect and self-belief through their participation.

Discussions show that pupils understand some of the science behind how our bodies work and respond when we exercise.

PE is celebrated across the school and pupils are encouraged to be physically active.

The National Curriculum

In Key Stage 1 pupils should be taught to:

- Master basic movements including; running, jumping, throwing and catching as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities.
- Participate in team games, developing simple tactics for attacking and defending.
- Perform dances using simple movement patterns.

In Key Stage 2 pupils should be taught to:

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending
- develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
- perform dances using a range of movement patterns
- take part in outdoor and adventurous activity challenges both individually and within a team
- compare their performances with previous ones and demonstrate improvement to achieve their personal best.

Swimming and water safety, pupils should be taught to:

- swim competently, confidently and proficiently over a distance of at least 25 metres
- use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
- perform safe self-rescue in different water-based situations.