

About your children's School Meals

We are Eat Culture Education Catering, the caterer at your school and the largest provider in Nottingham.

Healthy Eating

We are proud to serve healthy, balanced and freshly prepared school meals. Our meals give children all the energy they need to power through the day, helping them concentrate at school and supporting their wellbeing.

Free School Meals

Universal Infant Free School Meals can save parents up to £487 per year. School meals are free for children in reception, year 1 and year 2. Ask for school meals at your school office.

If you are in receipt of benefits you may be entitled to continue having Free School Meals. Check your eligibility and apply at <https://www.gov.uk/apply-free-school-meals>

Our Food



Our food has Food for Life accreditation showing that:

- Our food is sourced locally
- Our meat is Red Tractor assured, meaning it's safe and produced locally
- Our fish is certified by the Marine Stewardship Council
- Our meals are healthy, nutritious balanced and also low in fat, sugar and salt.


Dietary Requirements and Allergens

Special diets are extremely important to us. We work with each school to ensure the special diet process is effective, reassuring you that children with allergies or intolerances can eat safely with us.

Week: 1
 Date: 2nd Sept, 23rd Sept, 14th Oct, 18th Nov
 9th Dec, 13th Jan, 3rd Feb



Djanogly Springfield

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools.  = Vegetarian

For Allergen information please ask a member of the catering team.



Main

Dessert


	Monday	Tuesday	Wednesday	Thursday	Friday
<u>Chicken & Tomato Pasta served with Seasonal Vegetables</u>	<u>Cheese & Tomato Pizza served with ½ Jacket Potato & Salad</u>	<u>Roast Pork, Yorkshire Pudding & Gravy, Roast Potatoes and Vegetable Medley</u>	<u>Beef Chilli served with Rice and Seasonal Vegetables</u>	<u>Fish Bubble Crumb served with Chips and Peas</u>	
<u>Cheese & Potato Pie served with Baked Beans</u>	<u>Ham & Sweetcorn Pizza served with ½ Jacket Potato & Salad</u>	<u>Quorn Roast, Yorkshire Pudding & Gravy, Roast Potatoes and Vegetable Medley</u>	<u>Quorn Fajita Wrap served with Seasonal Vegetables</u>	<u>Vegetable & Chickpea Jollof Rice served with Peas</u>	
<u>Tuna Mayonnaise Roll with Salad</u>	<u>Jacket Potato served with Tuna or Cheese and Salad</u>	<u>Cheese & Tomato Panini served with Salad</u>	<u>Jacket Potato served with Tuna or Cheese and Salad</u>	<u>Ham Roll served with Salad</u>	
Oaty cookie	Homemade Custard Cream Biscuit	Chocolate Brownie	Apple Crumble Sponge & Custard	Ice Cream & Fruit	
Fresh Fruit Salad Fruit Cheese & Biscuits Yoghurt	Fresh Fruit Salad Fruit Cheese & Biscuits Yoghurt	Fresh Fruit Salad Fruit Cheese & Biscuits Yoghurt	Fresh Fruit Salad Fruit Cheese & Biscuits Yoghurt	Fresh Fruit Salad Fruit Cheese & Biscuits Yoghurt	



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Week: 2
 Date: 9th Sept, 30th Sept, 4th Nov, 25th Nov,
 16th Dec, 20th Jan, 10th Feb

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools.  = Vegetarian

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Monday

Sausage with Mashed Potatoes, Gravy & Seasonal Vegetables

Veggie Sausage with Mashed Potatoes Gravy, & Seasonal Vegetables

Tomato & Basil Pasta with Cheese, Garlic Bread Slice and Seasonal Vegetables

Shortbread Biscuit Milk

Fresh Fruit Salad
 Fruit
 Cheese & Biscuits
 Yoghurt

Tuesday

Cheese & Tomato Pizza served with Diced Potatoes & Seasonal Vegetables

Chicken Masala Curry with Rice, Flatbread and Seasonal Vegetables

Tuna Mayo Roll served with Salad

Lemon Drizzle Muffin

Fresh Fruit Salad
 Fruit
 Cheese & Biscuits
 Yoghurt

Wednesday

Roast Chicken, Gravy, Yorkshire Pudding & Mashed Potatoes and Vegetable Medley

Quorn Roast & Gravy, Yorkshire Pudding Mashed Potatoes and Vegetable Medley

Cheese & Tomato Panini served with Salad

Ice Cream & Fruit

Fresh Fruit Salad
 Fruit
 Cheese & Biscuits
 Yoghurt

Thursday

Beef & Baked Bean Ragù (Bolognese) served with ½ Jacket Potato & Salad

Homity Pie (Potato & Cheese Flan) served with Baked Beans

Jacket potato served with Cheese & Beans

Chocolate Sponge & Chocolate Custard

Fresh Fruit Salad
 Fruit
 Cheese & Biscuits
 Yoghurt

Friday

Fish Fingers served with Chips and Peas

Fishless Finger served with Chips and Peas

Cheese Roll served with Salad

Banana Muffin Milk

Fresh Fruit Salad
 Fruit
 Cheese & Biscuits
 Yoghurt



Main


Dessert



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Week: 3
 Date: 16th Sept, 7th Oct, 11th Nov, 2nd Dec,
 6th Jan, 27th Jan

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For Allergen information please ask a member of the catering team.



Djanogly Springfield



Monday

Tuesday

Wednesday

Thursday

Friday

Main

Meatballs in a Tomato Pasta served with Baguette & Seasonal Vegetables

Cheese & Tomato Pizza served with Potato Wedges and Seasonal Vegetables

Pork Sausage, Yorkshire Pudding & Gravy, Mashed Potatoes and Vegetable Medley

Teriyaki Chicken served with Rice & Seasonal Vegetables

Salmon Fish Cake served with Chips & Baked Beans

Veggie Meatballs in a Tomato Pasta served with Baguette & Seasonal Vegetables

Cajun Chicken served with Potato Wedges and Seasonal Vegetables

Veggie Sausage, Yorkshire Pudding & Gravy, Mashed Potatoes and Vegetable Medley

Sweet Potato Curry served with Rice & Flatbread Seasonal Vegetables

Cheese Snack served with Chips and Baked Beans

Cheese Roll served with Salad

Jacket Potato with Cheese & Salad

Cheese & Tomato Panini served with Salad

Tuna Mayo Roll served with Salad

Ham Roll served with Salad

Dessert

Chocolate Shortbread Slice with Milk

Jelly & fruit

Flapjack & Raisins

Cornflake Tart & Custard

Apple Muffin Milk

Fresh Fruit Salad
 Fruit
 Cheese & Biscuits
 Yoghurt

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 Cheese & Biscuits
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